

## **Interventions with Addiction Disorders PLA**

Advanced, Liberal, 4 credits

Interventions with Addiction Disorders is considered to be an advanced level knowledge that is liberal. It represents higher level theory and concepts that human service workers have acquired through applied practice. Advanced level knowledge indicates that you are able to use terminology, concepts, and theory in an applied way. Interventions with Addiction Disorders is more often about why we do things (i.e., liberal) and not necessarily how we do things (i.e., non-liberal). At Empire State College, Interventions with Addiction Disorders is considered to be an advanced and liberal course.

Please use the questions below to structure your PLA submission on the topic of Interventions with Addiction Disorders. Copy each question and respond directly below it. If you utilize an outside source, such as a website or a book, make sure to reference this in your response. The responses to the questions should be submitted in a Word document and uploaded in PLA Planner. In PLA Planner, you would list the topic as Motivational Interviewing, asking for 4 credits, and designate this as Advanced and Liberal.

Please note – responding to these questions is not a guarantee of credit. You will still be expected to speak with an evaluator and answer any supplemental questions that they may have. The evaluator would then make a credit determination.

### **Questions for Students to respond to**

**We suggest you save this document with your name and the title of the PLA (e.g., Smith Interventions with Addiction Disorders PLA) and answer beneath each question below.**

Name:

ID:

PLA Title: Interventions with Addiction Disorders

Number of Credits Requested: 4

Type: Advanced, Liberal

1. Please describe your experiences working in the addictions field.

2. Please list any workshops or trainings that you have taken in order to work in the addictions field.

3. When working with a new client, if you were to create a 1-page 10 minute assessment, what are 10 questions you would include in the assessment?

4. Explain stages of change in the addictions field. Would you expect a client to stay solely within one stage or would you expect fluctuation? What are reasons for fluctuation forward or backward? Please use references to justify your answers, so make sure to cite appropriately.

5. Identify one type of medication assisted treatment. Answer the following questions:

- Explain the use of medication assisted treatment
- What are the benefits of medication assisted treatment?
- What are the challenges of medication assisted treatment?
- What is the counselor's role in medication assisted treatment?

6. Of these 6 types of individual counseling, identify 2 that you have the most experience with: Reality Therapy, Motivational Interviewing, Harm Reduction, Cognitive-Behavioral Therapy, Rational-Emotive Behavior Therapy, and Solution-Focused Therapy. Please use references to justify your answers, so make sure to cite appropriately.

- Compare and contrast the two types of counseling when working with clients.
- Who are they most beneficial for?
- What are some client characteristics that might indicate this type of counseling is not appropriate?

7. Of these 6 types of group counseling, identify 2 that you have the most experience with: Reality Therapy, Motivational Interviewing, Harm Reduction, Cognitive-Behavioral Therapy, Rational-Emotive Behavior Therapy, and Solution-Focused Therapy. Please use references to justify your answers, so make sure to cite appropriately.

- Compare and contrast the two types of counseling when working with groups.
- Who are they most beneficial for?

- What are some client characteristics that might indicate this type of group counseling is not appropriate?

8. What are the benefits of mutual help groups? Why do clinicians encourage clients to participate?